

WEEK 6 : ROTARY FOUNDATION THOUGHT

This week's **Rotary Foundation Thought** is about bringing smiles to those in need.

Mother Theresa said "Peace Begins with a Smile" Rotarians around the world put that into action every day. One example of this is a Rotary Foundation Volunteer Service Grant that helped Dr. Marco Antonio Bulas, of the Rotary club of Tehuacan Manantrails, Mexico and Rotary volunteers from the Rotary Club of Loveland, Colorado, USA carry out project Sonrisas Sin Fronteras (Smiles without Borders). The Rotary volunteers and a team of 23 university dental students provided dentures for 22 patients. "All of the team watched with great satisfaction as each patient was over come with joy and happiness" commented Ronnie Hogan, a member of the Loveland club.

Every Rotarian, Every Year can bring a smile to the face of someone in need.

WEEK 7 : ROTARY FOUNDATION THOUGHT

This week's **Rotary Foundation Thought** is about The Annual Programs Fund.

The Annual Programs Fund is the primary source of unrestricted support for the programs of the Rotary Foundation. It funds programs in more than 160 countries on seven continents. From digging clean water wells for villages in Africa to teaching basic literacy skill to children in Latin America, during any given moment in a day, thousands of Rotarians volunteer their time and expertise ensure that all contributions given to The Annual Programs Fund are spent wisely on quality Rotary projects.

Only if *Every Rotarian* makes a gift to the Annual Programs Fund *Every Year*, will we will be able to continue to do the great work of our Rotary Foundation.

2008/17

November is Rotary Foundation Month

5 Nov 2008

PRESIDENT'S MESSAGE



Last Saturday we held our career guidance seminar at Kudat aka the "land of peanut". It is indeed important that school leavers have the opportunity to learn and choose their courses and career properly. Education and literacy are

fundamental for growth of the nation. For the school children, it is more than just good grades. A right attitude, good character and communication skills are essential. However, a good basic education equips students with literacy skills for life and further learning.

Today the 5th of November is a big day on the other side of the world. It is the day that most probably history would be created in the USA. It is the country that Rotary headquarter is based. Given the recent financial tsunami and the global economic downturn, what effect and to what extent would it have on the Rotary movement worldwide?

There is a Chinese saying "that the ship that is about to reach the shore will find its own direction to berth". I hope that my concern on the direction of our club is unfounded, and that our club would be rejuvenated. "To be or not to be", the question continues.

"The greatest discovery of my generation is that a human being can alter his life by altering his attitude of mind"

William James (1842-1920)

Happy Birthday ...

Rtn Vincent Chua on 9th November
 Rtn PP Philip Chong on 10th November

Speaker Finders

Nov:
 5 Samuel Yeh
 12 PP Chang - Dr Sergius (all spouses invited)
 19 PP Chio
 26 PP oh Chu Vun

A GUIDE TO DAILY LIVING

Before doing the things we want to do, consider first, the precept of the guide. Ask yourself these 4 questions and act upon them:

- First : Have I spent some time to self examination?
- Second : Have I spent quality time with my family?
- Third : Have I given my best to my work?
- Fourth : Have I given some time to someone near and far?

CONTRIBUTIONS

	RM
Sunshine	44.00
Donations	
Fines, etc.	24.00

■ DUTY OFFICERS are expected to arrive early to ensure that everything has been prepared for the meeting, to welcome visitors and guests and collect Sunshine Fund and Fines.

■ **05th November**
 ■ **PP Vincent Tan**
 ■ **Rtn Charlie Tan**

■ **12th November**
 ■ **PP Dtk Dr. Johnson Tee**
 ■ **PP Tsen Kui Loi**

PP Chio arranged for two GSE team members (Helle and Mie) to on a vocational visit to the New Sabah Times.

e) New Generations Service Director - Rtn Wong Chu Lai

We will be carrying out a tree planting project at Maktab Nasiional next Wednesday morning at 9.00 am. Please come and support our Interactors and the school.

GSE TEAM PRESENTATION

Leader - CAROL EDWINA ANDERSEN 66 yrs. a member of R C of Copenhagen International. She has lived in Msia for 20 yrs so she speak Bahasa Melayu. She is in charge of the SHELTER BoX aid system in Denmark.

Member - HELLE AGGER (Female) 39yrs. Sale & Marketing support Manager (advertising).

Member - MIE PRESTON ANDERSEN (Female) 32 yrs Master in Law .Work in company renting out building equipment like caterpillars and cranes.

Member - CHRIS TERNDRUP (Male) 35 yrs Captain in the Danish army and an instructor at the Danish Military academy.

Member - TROELS VERGE (Male) 29 yrs Master in Sociology and Panel Data Econometrics (UK) Master in Political Science (Denmark) work as a section leader in the National Tax Dept.

The presentation was very well done and members not only learnt about their personal professional lives but also a lot about Denmark.

Guest speaker ...

The speaker was Ross Mackenzie who is an expert on health and healthy living, gave a talk about how to live and maintain a healthy lifestyle. He spoke at length about the importance of diet and exercise. He also gave some excellent advice on keeping fit, especially since most of our members are already going downhill!!

PRESIDENT'S ANNOUNCEMENTS

President Soon Lan welcomed the GSE team from Danmark, Ag Robert Lai, Past AG Christina Aluda, visiting Rotarians, Rotary spouses, Rotaractors, guests and Rotarians before calling on Directors to make their announcements:

OTHER ANNOUNCEMENTS

1. Club Administration Chair : PP Chang Erh Ling

Today, we will have Mr. Ross (Australian from Singapore) who will speak on : "How to make better lifestyle choices to help you live longer and stronger". Speaker Finder is : PP Philip Chong

Dinner tonight will be Chinese sit-down at the Silk Garden Restaurant.

2. Vocational Service Director : Rtn Aldrin Wong

a) Last Thursday we carried out a **Vocational visit** to witness a 3rd generation noodle-making machine created by Mr. Anthony Chong. We had a good time learning about making noodles and sampling the results!

Thank you for the help from PP Hiew Chee Wah

b) Career Guidance Seminar in Kudat:

This Saturday, we will be carrying out the Career Guidance Seminar in Kudat. Everything has been confirmed.

The advance team will depart early on Friday morning so that they can get in a round of golf. Non golfers will depart at 12.00 noon and be there by 3.00 p.m. to hall arrangements.

Those making the trip on Saturday morning will have to leave early in order to get there by 8.30 a.m.

Rtn Wong Chu Lai informed members that the drinks and pastry for the students attending the seminar has already been arranged.

c) International Service: PP Vincent Tan

GSE Team from Denmark arrived yesterday and today we were able to take them to visit a Danish Company (DHI) and POIC. This afternoon, we visited the State Legislative Assembly building and Bukit Harapan.

DATE OF MEETING : 29 OCTOBER 2008

MAKE-UP	ON	AT	FOR
PP Jimmy Liew	24 Oct 2008	Vocatn. Visit	29 Oct 2008
PP Tsen Kui Loi	21 Oct 2008	CLP Comm mtg.	29 Oct 2008
Rtn Wong Toon Wah	24 Oct 2008	Vocatn. Visit	29 Oct 2008
Rtn Ho Shi Yin	30 Oct 2008	Voc. Comm mtg.	29 Oct 2008
Rtn Woo Soo Poo	24 Oct 2008	Vocatn. Visit	29 Oct 2008
Rtn Wong C.C.	29 Oct 2008	e-club	29 Oct 2008

PREVIOUS WEEKS' REVISED FIGURES

Date	Membership	Present	Make-ups	Rating %
15/10/08	41 (39)	27	11	97.40%
22/10/08	41 (39)	21	10	79.50%

THIS WEEK

Date	Membership	Present	Make-ups	Rating %
29/10/08	41 (39)	24	6	76.90%

VISITORS

- PP Carol Edwina Henderson - GSE team leader
- GSE team members: Helle Agger, Chris Terndrup, Mie Preston Anderson, Troels Verge
- Jessie Choh - Guest of Pres. Chua Soon Lan
- Ross & Marina Mackenzie - Guest of PP Philip Chong
- Lee Tet Fon - Guest of PP Philip Chong
- Ulie Tharra - RC Kaarst, Germany
- PP Christina Aluda - RC Kinabalu Sutera
- AG Robert Lai - RC Kota Kinabalu

Rotary spouses : Soon Mun Spouse of Aldrin Wong, Cecelia Wong Spouse of PP Chio CL, Jeannie Tan Spouse of PP Vincent Tan, Liew Wei Chan Spouse of PP Jimmy Liew, Yong Len Nyuk Spouse of PP Philip Chong, Christina Spouse of Rtn George L. Nancy Tong Spouse of VP Michael Tong,

Rotaractor : IPDRR Lina Chin RAC Likas Bay, President Esther Chong RAC Likas Bay, Rtr Jason Ho RAC Likas Bay, Rtr Wesley Chua RAC Likas Bay, Rtr Michelle Chong RAC Likas Bay, Rtr Susana Hyo RAC Likas Bay

Presiding	-	President Chua Soon Lan
Secretary	-	Gwen Vu
Treasurer	-	Victor Wong
Sergeant-at-Arms	-	Michael Wan
SaA Michael rang the bell and called the meeting to order and President Soon Lan led the singing of the Negaraku, and proposed a toast to the health of His Majesty the King.		



various activities, before they joined the regular club meeting with the other Rotarians and spouses.

The Vocational Guidance Seminar and Exhibition was successfully carried out in Kudat on November 1. Rotarians and families enjoyed a weekend of outing and fellowship in Kudat in conjunction with the project, which was officiated by the representative of the Director of Education, Sabah.

