

UPCOMING EVENTS

7-11 March 2009 ABO Surgery at Hospital Pitas
13-15 March 2009 Pan Borneo Meet, Miri City
16-19 April 2009 District Assembly, Malacca



ROTARY FOUNDATION THOUGHTS

26) This week's **Rotary Foundation Thought** is about a Rotarian going the distance for the Foundation.

Running, biking and swimming 482 miles in the course of a year or even a month is hardly the marvel of sports headlines. But racking up that distance in three days staggers the imagination. Jeff Glidden did just that through his Ultra Distance Triathlon Challenge, raising \$100,000 and counting, as of June 2007 for the Annual Programs Fund. "It was difficult" said Glidden, "but it was more rewarding than anything I have ever done. Many Rotarians that had never given before contributed and supported me, that was definitely one of my goals" Corporate sponsors helped fuel Glidden's mega-triathlon challenge by each contributing at least \$1000. Local media coverage also raised overall awareness of Rotary. All the proceeds from Glidden's challenge went to support The Rotary Foundation.

27) This week's **Rotary Foundation Thought** is about becoming a Bequest Society member and leaving your legacy through The Rotary Foundation.

This is best expressed through a quote from the founder of The Rotary Foundation and Past RI President, Arch C. Klumph

"...There are tens of thousands of Rotarians who will look upon this opportunity (building the Rotary Foundation as a real privilege)... Then there are other men who are seeking ways and means of leaving some part of their wealth where it may do the greatest good for humanity. What better equipped organization or institution than Rotary International can be found to be entrusted with such funds?"

Join with fellow Rotarians past and present who have left their legacy by remembering the foundation in their estate plans.



PRESIDENT'S MESSAGE



Rotary International celebrated its 104th anniversary with a difference by illuminating the message "**END POLIO NOW**" over iconic buildings around the world. All the photos are now available on the RI website. Bill & Belinda Gates Foundation pledged another US\$255M to RI at the January International

Assembly making it a total funding of US\$355M. His message on Polio is posted on *youtube* and members are encouraged to view it.

This month is Literacy month and we have the opportunity to meet with the new principal Pengetua Shirley of SMK Bandaraya to share with her about the Rotary movement and donated some Rotarian magazines to their school library. Our literacy project is already in the planning stage. I hope members will continue to render support.

The week 9 to 13 March is 2009 World Rotaract Week! We hope as a sponsoring club, we could join our Rotaractors to commemorate the founding of the first Rotaract club in 1968.

We are into the 9th month of this Rotary year although it is still high noon as we have quite a few projects to complete and wrap up. They include the Intercity meet this Friday in Singapore; Surgeries for our Paitan Villagers at Pitas Hospital this Saturday to be carried out by Mercy Malayisa; Pan Borneo next weekend; and the District Assembly in Melaka.

"Nothing is Impossible with confidence, perseverance and courage".

- ANON

Happy Birthday ...

PP Ir. Vincent Tan on 6 May

Speaker Finders

March 04 Pres. Soon Lan

11 PP Hiew CW

18 PP Dtk Lee CW

25 PP J Liew Rotary Information

April 1 C PLim

A GUIDE TO DAILY LIVING

Before doing the things we want to do, consider first, the precept of the guide. Ask yourself these 4 questions and act upon them:

First : Have I spent some time to self examination?

Second : Have I spent quality time with my family?

Third : Have I given my best to my work?

Fourth : Have I given some time to someone near and far?

CONTRIBUTIONS

	RM
Sunshine	40.00
Donations	
Fines, etc.	77.00

DUTY OFFICERS are expected to arrive early to ensure that everything has been prepared for the meeting, to welcome visitors and guests and collect Sunshine Fund and Fines.

04 March
Michael Tong
PP Tsen Kui Loi

11 March
PP Michael Wan
Aldrin Wong

Pterygium. Sabah Optical Association screened **256** villagers for refractions of which **82** needed Distance correction and **174** needed Near correction. The free spectacles will be processed and delivered soonest when ready. Malaysian Diabetes Association Sabah Branch did **440** blood glucose tests for villagers above 40 years old and also for some suspected cases .

Those with other complications and high blood glucose level will be immediately sent to Pitas and Queen Elizabeth Hospital for further treatment. Patients with minor eye ailments and other minor ailments were provided with medicines and eyedrops , children below 12 years were also provided with multivitamins by pharmacists from Queen Elizabeth Hospital.

The above Outreach was successfully completed with the generous cash / kind donation from Borneo Samudera Sdn Bhd, Yayasan Tun Ahmad Shah, Sabah Optical Association and Malaysian Diabetes Association Sabah Branch.

The total project cost is estimated to be **RM65,000**.

Community Service- PP Vincent Chua

Rtn Vincent Chua reported that he is still checking on the progress of the Gravity Water Feed project.

International Service- PP Vincent Tan

International Night this Friday. Our club has taken up 5 tables, one of which will be for Rotaractors. Our club will be performing a cowboy dance.

New Generation Service – Rtn Wong Chu Lai

The Interact club of SMK Bandaraya will be holding an orientation / first meeting on 28 February 2009.

Inner Wheel Club, Kota Kinabalu

Innerwheel Club President Datin Rubina Pung and Innerwheeler Datuk Nancy Ho were present to promote the upcoming IIW conference in Kota Kinabalu in May 2009.



PRESIDENT'S ANNOUNCEMENTS

President Chua Soon Lan welcomed Inner Wheelers, guests and fellow Rotarians before making the following announcements:

1. I have received a CD from RI on "Humanity in Motion, vol. 5". We will arrange to play it during one of our club meetings.
2. Received Rotary Pin for our TRF contributions paid to RI in December 2008.
3. Bill and Melinda Gates Foundation has donated a further USD 255 million for RI's PolioPlus campaign at the International Assembly in January 2009. RI has now committed another USD100 million in matching funds in 3 years. The PolioPlus challenge fund now stands at USD550 million to eradicate polio.
4. On 23 February 2009 during the 104 Anniversary of RI, the message "End Polio Now" was illuminated worldwide on all iconic buildings to raise awareness of the PolioPlus campaign.
5. There will be a joint meeting with the R C of KK South and RC of Kinabalu Sutera so that visiting Rotarians (spouses of InnerWheelers) can join us for fellowship and make-up.

OTHER ANNOUNCEMENTS

Service Projects – PP Jimmy Liew



Organising Chairman Rtn Charlie Tan reported on the successfully completed ABO project last weekend.

A total of **16** Rotarians, **4** Rotary spouses, **5** Rotaractors, **14** medical personnel from Pitas Hospital, **13** medical personnel from Klinik Simpangan Paitan, **7** Volunteers from the private sector, **6** from Sabah Optical Association, **6** from Malaysian Diabetes Association Sabah Branch,

6 from Malaysian Diabetes Association Sabah Branch, **17** medical personnel and **4** pharmacist from Queen Elizabeth Hospital were present for the two day event. The 92 volunteers, among which **6** are eye specialists, **2** optometrist and **6** opticians worked hard to screen **534** villagers and children . Out of these screenings, those with eye problems are given medication treatments and some are referred to nearby hospitals. **28 cases** needed immediate surgery for Cataract and **6 cases** for

DATE OF MEETING : 25 February 2009

MAKE-UP	ON	AT	FOR
Rtn Samuel Yeh	20 Feb 2009	ABO	11 Feb 2009
PP George Bandusena	27 Feb 2009	International Nite	18 Feb 2009
PP Philip Chong	24 Feb 2009	Charity Golf mtg	18 Feb 2009
Rtn Taidin S.	27 Feb 2009	International Nite	18 Feb 2009
PP Tsen Kui Loi	27 Feb 2009	International Nite	18 Feb 2009
Rtn Aldrin Wong	27 Feb 2009	International Nite	18 Feb 2009
Rtn Dr. Ghadi Das	27 Feb 2009	International Nite	25 Feb 2009
Rtn Francis Lai	20 Feb 2009	ABO	25 Feb 2009
Rtn CP Lim	20 Feb 2009	ABO	25 Feb 2009
Rtn KP Lu	20 Feb 2009	ABO	25 Feb 2009
PP Vincent Tan	24 Feb 2009	Charity Golf mtg	25 Feb 2009
VP Michael Tong	24 Feb 2009	Charity Golf mtg	25 Feb 2009
IPP Peter Yapp	24 Feb 2009	Charity Golf mtg	25 Feb 2009
Rtn Samuel Yeh	27 Feb 2009	International Nite	25 Feb 2009
PP Tsen Kui Loi	23 Feb 2009	e-Club	25 Feb 2009
PP SK Wong	3 March 2009	Fireside Talk	25 Feb 2009

PREVIOUS WEEKS' REVISED FIGURES

Date	Membership	Present	Make-ups	Rating %
11/02/09	41 (39)	25	5	76.90%
18/02/09	41 (39)	21	11	82.10%

THIS WEEK

Date	Membership	Present	Make-ups	Rating %
25/02/09	41 (39)	20	10	76.90%

VISITORS

PP Datuk Nancy Ho	- Inner Wheel KK
Pres. Datin Rubina Pung	- Inner Wheel KK
Ms. Jessie Chong	- Guest of Pres. Chua Soon Lan

Presiding	-	President Chua Soon Lan
Secretary	-	Gwen Vu
Treasurer	-	Victor Wong
Sergeant-at-Arms	-	Dtk Lee Chuen Wan (Acting)
Acting SaA Dtk Lee rang the bell and called the meeting to order and President Soon Lan led the singing of the Negaraku, and proposed a toast to the health of His Majesty the King.		



Left: For the International Night last Friday, the RC Likas Bay dance troupe put up a bold and exciting cowboy dance routine, performed by all the *HEAVYWEIGHTS* from the club, together with the pretty Rotaractors, drawing some comments as "the Beauty and the Beast" Right: The 3 Georges of our club, G1, G2 and G3, coincidentally, all three being of different International heritage Bottom: The fireside talk conducted on Monday night for potential Rotarians.

