

UPCOMING EVENTS

10 Dec. Club AGM

RI PRESIDENT'S MESSAGE : FOCUS ON FAMILIES IN DECEMBER

December 2008

Dear fellow Rotarians,

As a father of four and grandfather of five, I have been fortunate to have spent many years in the company of children. When raising our own children, my wife, Young, and I worked hard to give them what all children need most: a loving, safe, and stable home. Our children were our first priority, and we made sure that they always had nutritious food, appropriate clothing, quality medical care, and a good education. We knew very well how fortunate we were to be able to do this. We were grateful that we never had to say to our children, "I'm sorry, but there's nothing to eat tonight," or "I'm sorry, but we can't pay your school fees."

When I was a child, Korea was a poor country, and there were many children who went to bed hungry at night and had no school to go to in the morning. As a Rotarian, I know only too well that there are still far too many children in the world without the absolute essentials: food, clothing, shelter, medical care, and education. And as a Rotarian who is also a father, I consider all of the world's children to be my responsibility.

When I see my own grandchildren – happy, healthy, and enrolled in good schools – I cannot help but think of the millions of children who do not have so many advantages. I think of the children who have too little to eat and only dirty water to drink. I think of the children who are sick with diseases that could have been prevented and those who will have nowhere safe to sleep tonight. And I think of the children, millions of them every year, who won't live to see their fifth birthday.

December is Family Month. It is a time to focus on our families, to involve them in our Rotary service, and to challenge ourselves to do even more for those in need. Because there are so many families and so many children waiting for our help, we, as Rotarians, cannot look away. We cannot and will not rest until all children, everywhere, have the chance for a long and healthy life. We will not rest until we *Make Dreams Real* for every child in every home where there is hunger, sickness, and want. As Rotarians, we can do no less.

Dong Kurn (D.K.) Lee
President, Rotary International

2008/21 & 22

December is Family Month

10 Dec. 2008

PRESIDENT'S MESSAGE



This month we will celebrate the Family month in the rotary calendar. While our rotaractors will celebrate with Christmas caroling with the Rotarians and a joint project with some visiting rotaractors spreading their joys to help clean up an orphanage in Kundasang. We Rotarians too will have an opportunity to spend some quality time with our family.

The second question to the Guide on daily living is "Have I spent quality time with my family?" I am please to have the opportunity to spent a week with my family at the land of our match club. More importantly my family had the opportunity to witness two service projects carried out by RC of Lu Chou. One was to donate shoes, books and toys to the children of the "yuen chun min" aka interior mountain folks. The other was the joint WCS Project that was to handover a truck to the Formosa Charity Group.

Tonight we will have our AGM and to witness the birth of the next board of directors. Time flies and it is high noon and we still have projects in hand and I urge members to continue to support the projects of the remaining rotary year.

"While we accept tough jobs as a challenge to our ability and made into them with joy and enthusiasm, miracles can happen"

Arland Gilbert

Happy Birthday ...

PPDatuk Lee Chuen Wan on 3rd December

Dr. Allan Mathews on 12th December

PP S K Wong on 15th December

Speaker Finders

Dec.

10 Ho Shi Yin - AGM today, no speaker

17 PP Allen

23 - PP David Kong

30 - PP Datuk Johnson Tee

A GUIDE TO DAILY LIVING

Before doing the things we want to do, consider first, the precept of the guide. Ask yourself these 4 questions and act upon them:

First : Have I spent some time to self examination?

Second : Have I spent quality time with my family?

Third : Have I given my best to my work?

Fourth : Have I given some time to someone near and far?

CONTRIBUTIONS

	RM
Sunshine	44.00
Donations	
Fines, etc.	93.00

DUTY OFFICERS are expected to arrive early to ensure that everything has been prepared for the meeting, to welcome visitors and guests and collect Sunshine Fund and Fines.

10 December
Wong Chu Lai
IPP Peter Yapp

17 December
Samuel Yeh
PP George Bandusena

SPEAKER:

Dr Girish Patel gave a very interesting and very informative talk on "Understanding Risk factors for Heart Diseases" he also stressed on the importance of a healthy lifestyle and stress management incorporating benefits of meditation

Dr Murli announced that Dr Patel is giving a Talk at the Brahma Kumaris Meditation Centre, Likas on 4th December 2009 beginning at 7.30pm All Rotarians and friends are invited

To thank the Speaker, our Vice President presented to him a copy of the publication on "Beautiful Beaches of Sabah"

Dr Patel also brought along a gift to our Club and to each and every member present in the Meeting.

Our Rotarian, Datuk Dr. Das thanked the Speaker on behalf of our Club The Meeting was closed with a toast to Rotary International

ROTARY FOUNDATION THOUGHT

13) This week's Rotary Foundation Thought is about Club Goal Setting.

Clubs are asked to set annual giving goals for the **Every Rotarian, Every Year** effort. We're asking every Rotarian to support our Foundation with a minimum US\$100 contribution. At the President-elect Training Seminar (PETS) this spring, our club president-elect will be asked to submit an annual giving goal for the upcoming year. History has proven that clubs that set goals follow through with them. Many clubs are exceeding that goal now. "We decided to try for a total of \$600,000 or \$200 per capita in our district," says PDG Holly Callen, D5950. "It seemed like a real stretch and it took us three years to get there, but by setting an ambitious goal, we were able to achieve it. This year we have raised the goal to \$1 million - \$300 per Rotarian!" As our club sets its goal for the coming year, we should also remember to measure our success by the number of lives we've saved and changed.

PRESIDENT'S ANNOUNCEMENTS

Vice President Micheal Tong chaired the meeting as President Soon Lan was away. He welcomed visitors and Rotarians before making the following announcements on behalf of the President:-

1. Attended the Joint Presidents Meeting on behalf of President Soon Lan. During the Meeting, it was proposed that KK Club hosting the 2008-2009 International Night on Feb 13,2009
2. Also during the Meeting, it was suggested and agreed that PP Tsen KL from RC Likas Bay be invited again by the respective RCs in KK to give a talk on the organization, implementation and hosting of SINDEK
3. DG official Visit to our Club is on 14th January,2009, beginning at 4pm with meeting with President & Secretary, Rotaract Club, Interact Clubs (and teacher Advisers) to be followed by Club Assembly.
4. Our AGM is going to be held on December 10, 2008.
5. BOD Meeting on 4th December at Kinabalu Club hosted by PP Vincent Tan

OTHER ANNOUNCEMENTS

1. Club Admin: PP Chang

- * Today our guest speaker is Dr Girish Patel
- * Next week no speaker being our AGM
- * Speaker Finder for Dec 23 will be PP David Kong
- * Speaker Finder for Dec 30 will be PP Datuk J Tee

In view of the forthcoming Christmas and New Holidays, our weekly Meeting dates will be re-arranged as follows:

- Weekly Meeting on Dec 24 will be brought forward by 1 day ie 23 Dec
- Weekly Meeting on Dec 31 will be brought forward by 1 day ie 30 Dec

2. International Service Director : PP Vincent Tan announced that the trip to Taipei for our Sister Club's Anniversary Dinner will be from Feb 13 to 17. There will be more announcements in the near future

3. There are no Reports from all the Directors and Club officers.

DATE OF MEETING : 3RD DECEMBER 2008

MAKE-UP	ON	AT	FOR
PP Francis Lai	26 Nov 2008	eClub	26 Nov 2008
PP Tsen Kui Loi	1 Dec 2008	eClub	26 Nov 2008
PP Chang Erh Ling	4 Dec 2008	BOD mtg	26 Nov 2008
PP Oh Chu Vun	4 Dec 2008	BOD mtg	26 Nov 2008
Pres. Chua Soon Lan	20 Nov 2008	CLP mtg	3 Dec 2008
Rtn Gwen Vu	20 Nov 2008	CLP mtg	3 Dec 2008
PP SK Wong	20 Nov 2008	CLP mtg	3 Dec 2008
PP Francis Lai	3 Dec 2008	eClub	3 Dec 2008
Rtn CC Wong	3 Dec 2008	eClub	3 Dec 2008

PREVIOUS WEEKS' REVISED FIGURES

Date	Membership	Present	Make-ups	Rating %
19/11/08	41 (39)	25	4	74.40%
26/11/08	41 (39)	26	6	82.10%

THIS WEEK

Date	Membership	Present	Make-ups	Rating %
03/12/08	41 (39)	22	5	69.20%

VISITORS

- Dr. Girish Patel Brahma Kumaris World Spiritual University
- Mr. Peter Chua Brahma Kumaris World Spiritual University
- Dr. Mulri UMS, Kota Kinabalu
- Ms. Dianne UMS, Kota Kinabalu



Presiding	-	Vice-President Michael Tong
Secretary	-	George Ligungang (Acting)
Treasurer	-	Victor Wong
Sergeant-at-Arms	-	Datuk Lee Chuen Wan (Acting)
Acting SaA Dtk Lee rang the bell and called the meeting to order and Vice-President Michael led the singing of the Negaraku, and proposed a toast to the health of His Majesty the King.		



Left and top photos: President Soon Lan and family were on a trip to Taipei, and joined our match club, RC Lu Chou in the handing over ceremony of the donation of a truck to the Charity Organisation.

Bottom: President Soon Lan led a group of RC Likas Bay Rotarians to see Dr. A C Heng, Executive Council member of MERCY Malaysia, and their Sabah Chapter President, Dr. Helen Lasimbang, with a view of a joint project on ABO at the Pitas area.

